

IUC Training module

Learning Objectives

By the end of the training, trainees should be able to:

1. List the key messages about IUCs.
2. Describe the characteristics of IUCs in a manner that clients can understand, including:
 - a. What IUCs are and how they work (mechanism of action)
 - b. Effectiveness
 - c. Side effects
 - d. Non-contraceptive health benefits
 - e. Other characteristics (STI/HIV protection, ease of use, return to fertility)
 - f. Possible health risks (complications)
3. Demonstrate the ability to:
 - a. Screen clients for medical eligibility for IUC use
 - b. Address common concerns, misconceptions, and myths
 - c. Explain to clients how IUCs are inserted and removed
 - d. Safely insert IUCs
 - e. Safely remove IUCs
 - f. Explain when to return to the clinic
 - g. Conduct follow-up for IUC clients in a way that enhances continuing safety, satisfaction, and acceptance
4. Describe when to initiate IUCs (postpartum, switching from another family planning method).
5. Explain how to manage side effects.
6. Identify new conditions that may require a client to switch to another method or to temporarily stop IUC use.
7. Identify clients in need of referral for IUC-related complications.

Adapted from:

<https://www.fptraining.org/projects/intrauterine-devices-iuds>